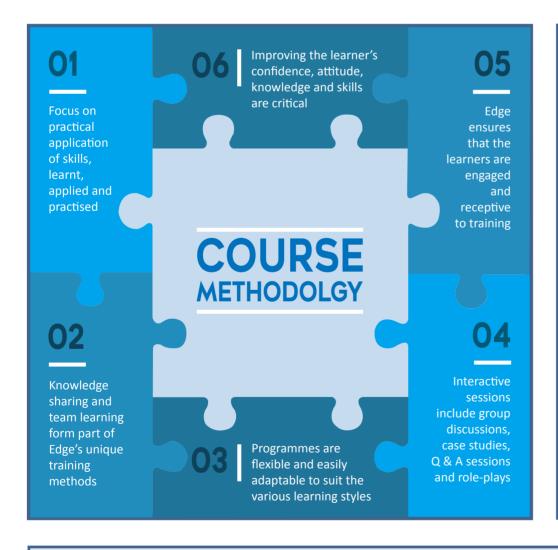


## **WORKSHOP OUTLINE**

- Identify the qualities of a successful leader
- Understand leadership theories
- Capitalise on your strengths
- Complete the leadership balance wheel
- Analyse Emotional Intelligence and its effect on leadership
- Complete an emotional intelligence test
- Identify and understand your internal and external locus of control
- Apply the self-thought motivational cycle
- Develop the necessary skills to activate effective self-leadership



## **OBJECTIVE**

By the end of this course you will have a clear understanding of the concept of leadership as well as being able to identify the roles and qualities of a successful leader. Self-leadership forms an integral part of this course, suggesting practical ways which will assist you in implementing what you have learnt.

## **EDGE TRAINING CONSULTANCY**

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